

NOVEMBER • DECEMBER • JANUARY • FEBRUARY



W I N T E R EDUCATION PROGRAMS 2011-12

**CLASSES FILL QUICKLY—
REGISTER EARLY!**

NORFOLK
BOTANICAL
GARDEN

A Natural Beauty.

*The mission of Norfolk Botanical Garden
is to enrich life by promoting the enjoyment of
plants and the environment through beautiful
gardens and educational programs.*

Betty Ann Galway
GROW Editor

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A State Botanical Garden of Virginia

REGISTRATION INFORMATION

Pre-registration is required for all classes and programs unless otherwise indicated. Register by phone 757-441-5830 (ext 338); M-F 10AM-2PM, in person or by mail. Become a member and receive a discount on classes & much more! Membership fees can be included with your registration.

♥ Take any four Healthier You Programs and save \$10!

REFUND POLICY

Cancellations five or more business days prior to the program start date: refund, less 20% processing fee (min. \$5). Cancellations one to four business days prior to program start date: no refund. Courses canceled by the Garden due to low enrollment or hazardous weather conditions are fully refunded.



DIG & DIVIDE

Dress for mess and bring a shovel!

DAYLILIES

Sat • Nov 5 • 9:30-11:30AM

NEW PERENNIALS

Thurs • Nov 10 • 9:30-11:30AM

HOSTAS

Sat • Nov 12 • 9:30-11:30AM

Work alongside Melissa Burdick, *Curator of Herbaceous Plants*, and *NBG Gardener* Pat Sisson learning the proper ways to dig and transplant perennials, daylilies and hostas. Participant will take home a clump of plants from our prized collection for their gardens. *Space is limited.*

→ **Cost/program:** \$45 (\$35 for NBG Members)

WORM COMPOSTING WORKSHOP

Wed • Jan 18 • 7-8:30PM

Let *Master Gardener* Kandy Keith show you how to turn your kitchen waste into a dark rich soil conditioner, with the help of some red-wiggler worms. Each participant will make a worm compost bin – complete with starter worms! *All supplies included.*

Cost: \$45 (\$35 for NBG Members)



PRUNING WORKSHOPS

9:30-11:30AM

Learn proper pruning techniques for maintenance and maximum bloom.

ROSES • Wed • Feb 9

with *Rosarian* Nate Neuffer

HYDRANGEAS • Thurs • Feb 23

with *Gardener* Moriah diFernando

→ **Cost/workshop:** \$20 (\$14 for NBG Members)

NEW LASAGNA PLANTER WORKSHOP

Tues • Feb 21 • 9:30-11AM

Join *Gardener* Kelyn Holcomb to plant your own herbal container garden with spring surprises. *All supplies included.*

Cost: \$45 (\$35 for NBG Members)

GARDENS BY DESIGN

Landscaping & Garden Workshops

CURATOR'S CORNER

Thursdays • 9:30-11AM

CAMELLIA CARE • Nov 3

Marcus Jones, *Curator of Woody Plants and Certified Arborist*
NBG's world renowned Hofheimer Camellia Garden is home to more than 1700 camellia plants with over 680 varieties. Learn all about their care from one of our experts!

NEW BANG FOR YOUR BUCK! • Jan 19

Melissa Burdick, *Curator of Herbaceous Plants*

Make your garden-dollar stretch farther! Learn tricks-of-the-trade to save time and money.

INVASIVES • Feb 16 *Back by popular demand!*

Theresa Augustin, *Curator of Natural Areas*

Invasive plants are a serious threat to native species, natural communities and ecosystem processes. Learn to recognize and discourage invasive plants in your yard.

→ **Cost/program:** \$20 (\$14 for NBG Members)



INTRODUCTION TO LANDSCAPE DESIGN

Mondays • Feb 6-Mar 5 • 1-3:30PM (5-weeks)

Develop a vision and create a plan for your outdoor spaces with *Senior Gardener* Linda Saunders and *Director of Horticulture and long-time landscape designer* Brian O'Neil, VSLD. *Drafting & reference materials included.*

Cost: \$195 (\$165 for NBG Members)

GREEN GARDENING

It's Easy Being Green!

As part of our continued GREEN effort we are saving paper and condensing GROW.

Please visit our website www.norfolkbotanicalgarden.org for full class descriptions and pictures. This paper is made with up to 30% recycled fiber and with chlorine free pulp using timber from managed forests.

BEEKEEPING – Getting Started

In partnership with the Beekeepers Guild of Southeast Virginia

Sat • Nov 12 • 9:30AM-2PM

Curious about raising bees but don't know if it is for you or where to start? Let members of the Beekeepers Guild of Southeast Virginia introduce you to the equipment needed. *Price includes box lunch.*

Cost: \$65 (\$45 for NBG Members)

WINTER VEGETABLES ♥

Tues • Nov 15 • 9:30-11AM

Don't let cooler weather freeze your growing plans. *Master Gardener Gil Gillespie* will share his knowledge of successfully growing winter vegetables for a bountiful harvest with minimal effort.

Cost: \$20 (\$14 for NBG Members)

CARE OF HOUSE PLANTS

Fri • Nov 18 • 9:30-11:30AM

Have houseplants or tropicals in containers to bring in for the cold winter? Learn tips from *Plant Propagator Vickie Pepper* on how to maintain them through the season indoors so they look their best next spring.

Cost: \$20 (\$14 for NBG Members)

PROPER PRUNING

Thurs • Jan 12 • 9:30-11AM

Learn the How's, When's & Why's of pruning with *Mike Andruczyk, Virginia Cooperative Extension Agent of Chesapeake.*

Cost: \$20 (\$14 for NBG Members)

SOLAR ENERGY

Tues • Jan 17 • 9:30-11:30AM

Decrease your carbon footprint! *Instructor Ken Wright, Hampton Roads Solar Group,* will introduce you to solar technologies and explain how you, too, can harness the power of the sun to energize your home.

Cost: \$20 (\$14 for NBG Members)

HOBBY GREENHOUSES

Fri • Jan 27 • 9:30-11:30AM

Get a behind-the-scenes tour of our greenhouse with *Plant Propagator Vickie Pepper* as she covers plants, pests, lighting, venting/cooling/heating and location, location, location.

Cost: \$20 (\$14 for NBG Members)



GARDEN SYMPOSIUMS

Get it all under one roof!

NEW FLORAL EXTRAVAGANZA!

Saturday • Nov 19 • 9AM-3PM

Enjoy a day of design as several award-winning floral artists delight and amaze. *Keynote Speaker: Beverly Wayne, The Virginia Flower & Garden Expo's Floral Design Coordinator*
Box lunch and exciting door prizes included.

Cost: \$95 (\$65 for NBG Members)

DESIGN WORKSHOP

Saturday • Nov 19 • 3:30-5PM

Now it's your turn! Learn step-by-step how to create a stunning high-style party design. *All supplies included.*

Cost: \$55 (\$45 for NBG Members & Symposium participants)

Watch for more information on future symposia:

EDIBLE LANDSCAPING

Thurs • Mar 22 • 9AM-3PM

NORFOLK BOTANICAL GARDEN
A Natural Beauty.

www.norfolkbotanicalgarden.org



GIVE THE GIFT OF NATURE

The Holidays are a perfect time and 155 acres is the perfect gift!

Giving a Membership to Norfolk Botanical Garden not only supports this treasured local beauty but also allows one to experience its wonder all-year-long. Benefits include discounts on classes, the Garden Café and the Garden Gift Shop. Gift Certificates for educational programming are available and make wonderful gifts for family and friends. Call our Registrar 757-441-5830 (ext. 338) M-F from 10AM-2PM.

***Certificates of \$50 or more, purchased before December 15th will be mailed free of charge.*

FLOWER FUN



FLORAL DESIGN WORKSHOPS

Step-by-step

Celebrate the changing of the seasons by creating a fresh floral arrangement with *Lifelong Learning Program Manager & Floral Designer Betty Ann Galway*. All supplies included.

Tuesday • 9:30-11:30AM

THANKSGIVING • Nov 22

HOLIDAY • Dec 6

Thursday • 9:30-11:30AM

WINTER BLUES • Jan 26

HEART'S DESIRE BOUQUET • Feb 9

Cost/class: \$55 (\$45 for NBG Members)



WREATH WORKSHOPS

Fridays • 9:30-11:30AM

You'll leave saying...*"I can't believe I made this!"*

LIGHT BULB WREATH • Dec 2

FOREVER FRAGRANT • Jan 13

HYDRANGEA & ROSES • Feb 10

All supplies included.

Cost/class: \$55 (\$45 for NBG Members)

DELLA ROBBIA WREATH WORKSHOP

Back by popular demand!

Thurs • Dec 8 • 9:30-11:30AM

Learn how to make a decorative holiday wreath in the classic Williamsburg style with *Lifelong Learning Program Manager & Floral Designer Betty Ann Galway*. All floral supplies are included.

Cost/class: \$55 (\$45 for NBG Members)

ALL NEW FOREVER BOTANICALS

with *Lifelong Learning Program Manager Betty Ann Galway*

Tuesdays • 9:30-11:30AM

BEADED FLOWERS • Jan 10

RIBBON FLOWERS • Feb 7

All supplies are included.

Cost/class: \$45 (\$35 for NBG Members)

FLORAL DESIGN CERTIFICATE PROGRAM

SETTING THE STANDARD!

This is the ONLY professional floral design certificate program offered in southeastern Virginia.

Turn your passion into a marketable skill.

- Comprehensive curriculum
- Taught by floral designer Frances Thrash
- Hands-on training with fresh flowers every class
- Shop training: ordering, inventory & customer service
- Rigorous and vigorous!

BEGINNING FLORAL DESIGN

Tuesdays, Wednesdays & Thursdays

Session A: Jan 10-Feb 16 • 7-9PM (6-weeks)

Session B: Apr 24-May 10 • 9:30AM-2PM (3-weeks)
(½ hr lunch break)

Students must attend all classes and pass written and hands-on tests to receive certificates. (Graduation and potluck dessert following exam on Feb 16 & May 10)

All supplies and flowers are included. Students take home weekly floral designs.

Cost: \$545 (NBG Members \$495)

INTERMEDIATE FLORAL DESIGN June 5-14 (2-weeks)

Tuesdays, Wednesdays & Thursdays

9:30AM-2PM (½ hr. lunch break)

Must have successfully completed Beginning Floral Design.

Cost: \$545 (NBG Members \$495)

NORFOLK BOTANICAL GARDEN
A Natural Beauty.

Call 757-441-5830 (ext.338) to register

GARDEN ART *Projects make great gifts!*

ALL NEW WORKSHOPS FOR THE BIRDS!

with *Lifelong Learning Program Manager* Betty Ann Galway
Tuesdays • 9:30-11:30AM

MOSAIC BIRDHOUSES • Nov 1 & 8 (2-days)

FUN FEEDERS • Jan 24

All supplies included.

→ **Cost/workshop:** \$45 (\$35 for NBG Members)

ALL NEW PAPERMAKING WORKSHOPS

AUTUMN GRASSES & FOLIAGE • Nov 5

HOLIDAY CARDS • Dec 3

WINTER FOLIAGE • Jan 7

VALENTINE'S DAY • Feb 4

Learn a new skill with individualized instruction from *paper artist* Rich Gray. *All supplies included.*

Cost/workshop: \$26 (\$18 for NBG Members)



ALL NEW WATERCOLOR WORKSHOPS

Saturday • 10AM-3PM

with *artist* Diana Davis

HOLIDAY NOTECARDS • Nov 12

SPRING FLOWERS & BIRDS • Feb 25

All supplies and box lunch included.

Cost/session: \$105 (\$85 for NBG members)

BOTANICAL ORIGAMI WORKSHOPS

Saturdays • 9:30AM-12:30PM

GIFT BOXES • Nov 19

ORNAMENTS & GIFT TAGS • Dec 17

VALENTINE'S DAY • Jan 21

FLOWERS IN A VASE • Feb 25

Create fun and unique holiday crafts with *paper artist* Rich Gray. *All supplies and box lunch included.*

Cost/workshop: \$26 (\$18 for NBG Members)

GLASS PAINTING WORKSHOPS

Saturday • Dec 3

NEW WINE GLASSES • 9:30-11:30AM

Have fun learning several techniques to create a set of decorative wine glasses with *wine consultant* Amy Yarsinske.

PLATES & PLATTERS • 1-3PM

Discover nature printing with a twist with *Lifelong Learning Program Manager* Betty Ann Galway. *All supplies included.*

Cost/workshop: \$45 (\$35 for NBG Members)

SILK PAINTING

Thurs • Feb 2 • 9:30-11:30AM

Create a lovely silk scarf with *Adult Program Specialist* Gil Elhart. *All supplies included.*

Cost: \$45 (\$35 for NBG Members)

GARDEN PARTIES!

Girls Night Out! Private group workshops offered on your schedule! Step-by-step instructions — no artistic talent needed. Make it a party! Bring treats to share. We've done the shopping—we'll clean up the mess! *All supplies included.*

Cost/person: \$35 (Minimum 6 participants)



WINE & DINE

ALL NEW WINE PAIRINGS

with *wine consultant* Amy Yarsinske

Thursdays • 7-9PM

HOLIDAY WINES • Nov 3

DESSERT WINE • Feb 2

Cost/class: \$55 (\$45 for NBG Members)

ALL NEW GARDEN GOURMET

with *seasoned culinary teacher and cookbook author* Bobbie Williamson

Saturdays • 9:30-11:30AM

SQUASH & GOURD SOUPS • Nov 5

HOLIDAY DIPS • Dec 10

MUSHROOM RISOTTO & SALAD • Jan 28

DESERVING DESSERTS • Feb 4

Cost/class: \$40 (\$30 for NBG Members)

NEW HOLIDAY ENTERTAINING

with *retired home-economics teacher* Theresa Wright

Wed • Nov 9 • 7-9PM

Save money, time and energy and still serve up a delicious Holiday feast. Some things just have to be from scratch, but others? Come taste-test and decide.

Cost: \$40 (\$30 for NBG Members)

THE ACTIVE GARDENER A HEALTHIER YOU

Sponsored by
Bon Secours Virginia Health System



Why wait for a New Year's Resolution? Get Fit, Lose Weight & Feel Great! Commit to Healthy Living now!

Get motivated, grab a buddy and challenge yourself to a new Healthier YOU!!!

Take any four *Healthier You* programs  and save \$10

PILATES IN THE GARDEN

with certified personal trainer Karen Dougherty

Wednesdays • 6-7PM

Session A: Nov 2-30 (no class Nov 23) (4-weeks)

Session B: Jan 4-Feb 22 (8-weeks)

Re-educate, re-pattern, re-align and balance your body, focusing on core muscles: abdominal, back, hamstrings and inner thighs.

➔ Cost/4-week session: \$50 (\$40 for NBG Members)

➔ Cost/8-week session: \$105 (\$80 for NBG Members)



YOGA IN THE GARDEN

GARDEN YOGA
with certified instructor
Meaghan de Roos

Mondays • 9:30-10:30AM (6-weeks)

Session A: Nov 7-Dec 12

Session B: Jan 2 (2012)-Feb 6

Session C: Feb 13-Mar 19

Wednesdays • 9:30-10:30AM (6-weeks)

Session A: Nov 9-Dec 14

Session B: Jan 4-Feb 8

Session C: Feb 15-Mar 21

Discover the benefits of this low-impact, relaxing exercise surrounded by the beauty of the Garden.

Cost/6-week session: \$105 (\$80 for NBG Members)

***Save 10% when registering for both Monday & Wednesday sessions.

T'AI CHI

Sponsored by the International Taoist T'ai Chi Society

FREE Trial Class!

Tues • Dec 6 • 11AM-12PM

This moving meditation taught by certified instructor Jane Montagna is appropriate for every body type, age or physical condition.

Tuesdays • Dec 13-Mar 6 (no class Dec 27) (12-weeks)

BEGINNING T'AI CHI • 9:30-11AM

Cost: \$170 (\$140 for NBG Members)

CONTINUING T'AI CHI • 11AM-12PM

Cost/session: \$150 (\$120 for NBG Members)

Pre-registration required for all programs. Visit www.norfolkbotanicalgarden.org for complete class descriptions.



ALL NEW DANCING IN THE GARDEN

Beginner friendly, walk in — dance out classes!

ARGENTINE TANGO with Mercedes Cook

Tuesdays • Jan 3-Feb 7 • 7-8PM (6-weeks)

BELLY DANCE BASICS with Jessica Kennedy

Tuesdays • Feb 21-Mar 27 • 7-8PM (6-weeks)

BEGINNING SOCIAL DANCE with Wesley Acker

Thursdays • 7-8:30PM (4-weeks)

No partner or experience necessary! Learn basic steps of a variety of styles.

Sept 15-Oct 6

Oct 27-Nov 17

Last lesson includes Holiday Dance Party and free walking preview of Dominion Garden of Lights!!

Jan 26- Feb 16

Last lesson includes special Valentines Dance Party!

Feb 23- Mar 15

➔ Cost/4-week session: \$50 (\$40 for NBG Members)

Register with a friend...Ask about our couples discount!

NEW SPECIAL WORKSHOP WITH WORLD CLASS DANCE CHAMPIONS

Sam & Denise Miller from *a Time to Dance!*

COUNTRY WESTERN TWO STEP & LINE DANCES 

Sat • Feb 25 • 1-4PM

Cost: \$30 (\$20 for NBG Members)

MEDITATION — The Inner Journey (4-weeks) 

Sundays • 9:30-11AM

Session A: Nov 6-27

Session B: Jan 8-29

Session C: Feb 5-26

Let Daniel Kathalynas guide you through techniques to achieve silent mind mediation, concentration and contemplation.

Cost: \$50 (\$40 for NBG Members)

***Register for all three sessions and save \$10!

MUSIC IN THE GARDEN—Beginning Guitar (4-weeks)

Tuesdays • Jan 10-31 • 7-9PM

Guitarist Daniel Kathalynas will get you strumming in no time!
(Loaner guitars available upon request.)

Cost: \$50 (\$40 for NBG Members)



GARDEN PHOTOGRAPHY & ECO TOURS

DIGITAL CAMERA BASICS

Sat • Jan 14 • 9:30-11:30AM

New to digital photography? *Education Program Manager Perry Mathewes* will offer step-by-step instructions on getting to know your camera. Participants should bring their cameras, instruction booklets and questions.

Cost: \$50 (\$40 for NBG Members)

ALL NEW ADVANCED PHOTOGRAPHY WEEKEND WORKSHOPS

with *photographer Irene Hink-Sacilotto*

BASIC DIGITAL DARKROOM

based on Adobe Photoshop Elements

Sat & Sun • Feb 4 & 5 • 1-4PM

CREATIVE APPROACH TO DIGITAL PHOTOGRAPHY

Fri Feb 24 6:30-8:30PM

(Lecture/Prep)

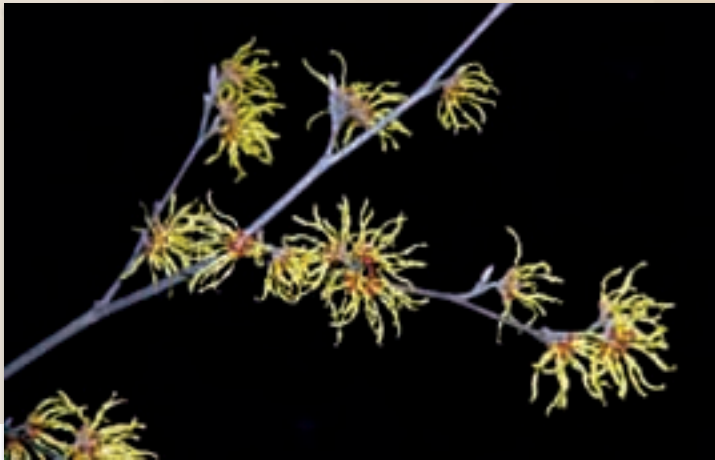
Sat Feb 25 9AM-12PM

(Field practice in the Garden and Tropical Pavilion)

Sun Feb 26 1-4PM

(Critique)

Cost/workshop: \$275 (\$225 for NBG Members)



LIGHTING TECHNIQUES WORKSHOPS

Get ready to take holiday photos!

with *photographer Ken Knight*

Thursdays • 7-9PM

INDOOR & FLASH • Nov 10

NIGHT & LIGHTS • Nov 17

Cost/workshop: \$60 (\$45 for NBG Members)



GARDEN STARS FRIDAYS

Rain or Starshine!

In partnership with the Back Bay Astronomers

Come out for an evening under the stars with the Back Bay Astronomers.

Fridays • 7-9PM

Nov 4 • Jan 6 • Feb 3

Cost/program: \$18 (\$12 for NBG Members)



WINTER GARDEN TOUR ♥

Tues • Feb 28 • 9:30-11:30AM

Discover NBG's winter gems. Join *Education Program Manager Perry Mathewes* on a tour of the Winter Garden, finding delicate, fragrant blooms and interesting branches & foliage along the way.

Cost: \$20 (\$14 for NBG Members)

OWL PROWLs ♥

Sat • Nov 5 & Jan 21 • 7-9PM

Join *naturalist David Hughes* in search of owls. Moderate walking.

Cost: \$20 (\$14 for NBG Members)

HOLIDAY FAMILY PROGRAMS

MAKE & TAKE – *Thanksgiving Crafts*

Thurs • Nov 3 • 4:30-6PM

Sat • Nov 19 • 10-11:30AM

Join our Youth Educators for some family-fun! Create multiple projects to take home for Thanksgiving.

Cost/set: \$16 (\$12 NBG Members)

GARDEN NIGHT ADVENTURES

Sat • Nov 12 • 5-7:30pm

Make S'mores around a campfire, explore the Enchanted Forest and go on a night hike led by NBG staff. Girl Scout and Boy Scout troops shouldn't miss this opportunity!

Cost/person: \$10 (\$8 NBG Members)

THE POLAR EXPRESS

Mondays-Thursdays

Nov 28-Dec 22

Train #1: 5-6PM

Train #2: 5:30-6:30PM

All aboard! Bring your family and friends to our most popular holiday event. Warm up with a tasty cookie and a warm cup of hot chocolate while you listen to a reading of *The Polar Express*, then take a tram ride through the Dominion Garden of Lights holiday display.

Cost/person: \$10 (\$8 for NBG Members)

WINTER CAMP

Sat • Dec 3

Campers can join us for a half or full day of fun while grown-ups go shopping! Compete in the Winter Olympics, play animal bingo in the Garden and make lots of winter crafts! Ages: 5-10

Cost/child: Half-day camp (9AM-1PM or 12-4PM)
\$25 (\$20 for NBG Members)

Cost/child: Full-day camp (9AM-4PM)
\$50 (\$35 for NBG Members)

**Morning and afternoon snack provided.
Full-day campers should bring their own lunches.*



MEMBERS ONLY SUNDAYS WITH SANTA

Dec 4, 11 or 18

Train #1: 4-5:30PM

Train #2: 5:15-6:45PM

All the fun of THE POLAR EXPRESS, plus cookie decorating and a visit with Santa himself. Be sure to bring your cameras and wish lists for your visit with Mr. Claus!

Cost/person: \$15

HOLIDAY FAMILY FUN

Sat • Dec 10

MAKE & TAKE ORNAMENT CLASS • 10-11:30AM

Create holiday ornaments to take home and enjoy for years with your family.

COOKIES AND COCOA FOR SANTA • 12:30-2PM

Decorate a keepsake cocoa mug and cookie plate for Santa!

MAKE & TAKE WINTER CRAFT • 3-4:30PM

Create nature-themed crafts to enjoy all winter long.

All supplies included.

Cost/set: \$16 (\$12 for NBG Members)



BUILD A HOLIDAY COOKIE HOUSE

Sat • Dec 17 • 10-11:30AM, 1-2:30PM or 3-4:30PM

Bring your creativity and build a holiday cookie house to take home.

We provide the supplies and we clean up the mess!

Cost/house: \$20 (\$12 for NBG Members)

COOKIES & CRAYONS PRE-K PROGRAM (4-weeks)

Tuesdays • Feb 2-23 • 10-11AM

Visit the garden in February and cozy up in the library with a story, craft and snack with your little one. Animal crackers and juice provided.

Cost/parent & child: \$40 (\$30 for NBG Members) (\$15 additional child)

MAKE AND TAKE VALENTINES

Sat • Feb 11 • 10-11:30AM

Make fun, personalized valentines for your friends and family this year.

We provide the supplies and clean up the mess!

Cost/set: \$10 (\$8 for NBG Members)

TEDDY BEAR BASH

Sat • Feb 25 • 10-11:30AM

Cuddle up with your best fuzzy friend in the WOW Children's Garden and enjoy some cookies, cocoa and fun cold weather crafts!

Cost/parent & child: \$12 (\$10 for NBG Members)